



Covid-19 support over the Christmas period in the Dover District.

This information has been compiled by Dover District Council and lists the services that are available to support you during the Christmas period.

All this information was correct at time of publishing and may be subject to change. We strongly recommend you contact each organisation directly to check the information is current.

For further updates regarding Covid-19 please visit:

<https://www.gov.uk/coronavirus>

Prescriptions:

For information, questions and support regarding your prescriptions, please contact your local GP surgeries and pharmacies direct.

Further support:

The information in this document is to advise on operating hours over the Christmas period for groups and organisations providing support during the Covid-19 pandemic.

For further information about support available in the Dover District please visit our web page;

<https://www.dover.gov.uk/Community/Coronavirus-help-for-the-community.aspx>



Contacts across Dover District

<p>Dover District Council</p>	<p>For regular updates and helpful information sign up to Dover District Council's Keep me posted, visit the website, Facebook page and Twitter.</p> <p>Dover District Council will be closed from 23rd December and will reopen on 4th January 2021.</p>	<p>01304 821199</p> <p>www.dover.gov.uk</p> <p>covid19@dover.gov.uk</p> <p>Facebook: @doverdc Twitter: @doverdc</p>
<p>Citizens Advice Bureau</p> <p>District wide</p>	<p>For help General enquiries For debt enquiries For Universal Credit enquiries</p> <p>Citizens Advice Bureau will be closed from 4pm on 23rd December and re-opening on 4th January 2021. During this time all telephone numbers will be unavailable.</p>	<p>03448 487978 01304 374333 01304 202442 01304 202030</p> <p>Open: All Mon – Fri, 9.30am-4.30pm</p> <p>0344 411 1444 Out of hours www.doverdealadvice.co.uk</p>
<p>Dover Foodbank</p> <p>Covering Dover, St Margaret's, The Langdons, Whitfield, Temple Ewell, Hougham, River and Capel</p>	<p>The service is available for short-term emergency food in a crisis.</p> <p>Deliveries are made on Tuesdays, Thursdays and Fridays only.</p> <p>Dover Foodbank will be closed from 12pm on 24th December and re-opening 1st January 2021.</p>	<p>07870 361180</p> <p>https://dover.foodbank.org.uk/</p> <p>info@dover.foodbank.org.uk</p>
<p>Deal Area Foodbank</p> <p>Covering Deal, Walmer, Aylesham, Elvington, Eythorne and Sandwich areas</p>	<p>The service is available for short-term emergency food in a crisis.</p> <p>Deliveries are made Monday to Friday.</p> <p>Deal Foodbank will be closed on 25th and 26th December and closed on 1st January 2021.</p>	<p>07545 500922 or</p> <p>01304 728428</p> <p>https://dealarea.foodbank.org.uk/</p> <p>info@dealarea.foodbank.org.uk</p>

<p>Connect Well East Kent</p> <p>DISTRICT WIDE</p>	<p>Coordinating volunteers to help people with shopping, collecting prescriptions and other support.</p> <p>Connect Well will be closed from 6pm on 24th December and will re-open on Monday 4th January 2021 and resume business as normal.</p>	<p>0300 302 0178</p> <p>Open: Mon, Weds, Fri 8:30am–6pm Tues and Thurs 9am–5pm</p>
<p>Together4Dover</p> <p>Covering Dover, River, Whitfield, Kearsney, Guston, and Alkham</p>	<p>Offering a shopping service and delivering prescriptions. T4D is operating a voicemail service, call and leave your details and request and someone will be in contact within 48 hours.</p> <p>T4D will be closed from 24th December and re-open for 29th and 30th December. T4D will re-open and return to business as normal on 4th January 2021.</p>	<p>01304 892519</p> <p>T4D are operating a voicemail service, call at any time to leave your details. Your request will be picked up and actioned between 9am-5pm Mon to Friday.</p> <p>www.together4dover.org.uk</p>
<p>Age Concern Dover Riverside</p>	<p>The Riverside Centre is offering a hot meal delivery service (£7.50). A telephone welfare check/chat and shopping available also.</p> <p>The Riverside Centre will be closed on 25th and 26th December and also on the 1st and 2nd January 2021. The Centre is open for meal delivery only on 27th and 28th December and 3rd January. From 4th January 2021 service will return to normal.</p>	<p>01304 207268</p> <p>admin@riversidedover.org.uk</p> <p>Open: Mon - Fri 9am-3pm</p>
<p>Age Concern Deal</p>	<p>Offering shopping, delivering prescriptions and hot meal delivery. Meals cost £7-£8 if delivered or £6 if collected from Deal Centre in Park St, Deal.</p> <p>The centre will be closed on 25th December and 1st January 2021.</p>	<p>01304 372608</p> <p>admin@deal-cr.org.uk</p> <p>Open: Mon – Fri, 9am-4pm</p>
<p>Age Concern Sandwich</p>	<p>Continuing Meals on Wheels service, telephone befriending and shopping service.</p> <p>Sandwich Age Concern will be closed from 4pm on 23rd December and re-opening on Monday 4th January 2021 from 9am.</p>	<p>01304 614237 (choose 'management' option 3)</p> <p>Open: Mon – Fri, 9am-4pm</p>

<p>Bechange</p> <p>Covering Aylesham, Snowdown Village and surrounding areas</p>	<p>Support available for food/meals in the area. 5 pre-prepared meals delivered twice a week. Other support available including Foodbank vouchers for those in Aylesham.</p> <p>The Bechange Hub will be closed from 25th December and will re-open on 4th January 2021.</p>	<p>07484 221970 or</p> <p>01304 840134</p>
<p>Chequers Community Kitchen</p> <p>Covering Deal, Walmer, Kingsdown, plus nearby villages, Sandwich and St Margarets</p>	<p>Meals delivery service for vulnerable and isolated people of all ages. £4 for main course and pudding. (Will need an oven to reheat food.)</p> <p>Chequers Kitchen will be not be delivering any meals between 24th December to 3rd January. Emails and messages will be picked up over the Christmas period for orders to be made and delivered on the 4th and 5th of January. Service will continue as normal from 4th January 2021.</p>	<p>01304 362288</p> <p>info@chequers.kitchen</p>
<p>Mill Hill Community Forum</p>	<p>Help with shopping, getting prescriptions and taking calls from those who want a chat in the area of Mill Hill, Deal.</p> <p>Mill Hill Community Forum will be closed from 18th December and will be re-opening on 11th January 2021.</p>	<p>millhillcommunityforum@gmail.com</p> <p>Facebook Page: Mill Hill Community</p>
<p>Capel Cares</p>	<p>Neighbours helping neighbours. Collecting shopping and medication, plus other urgent supplies, or a friendly call.</p> <p>Capel Cares will try and support where they can and therefore be open throughout the Christmas period.</p>	<p>01303 257003</p>
<p>Shepherdswell and Coldred Covid-19 Care Action Team</p>	<p>Call the team to register, the team will then make contact on Mondays and Fridays to support with shopping and prescriptions. Other support may be available upon request.</p> <p>The team will always try and assist and help where possible and therefore the phone lines will be open throughout the Christmas period.</p>	<p>01304 832143 or 07590426950</p> <p>keithbryanroberts@gmail.com</p>

St Margaret's Hub	<p>Neighbours helping neighbours. Collecting shopping and medication, plus other urgent supplies, or a friendly call. Local volunteers.</p> <p>The St Margaret's Hub will be closed on 25th December but otherwise will continue as normal.</p>	<p>01304 892736</p> <p>hub@stmargaretspc.co.uk</p>
Temple Ewell Parish Council	<p>Shopping collection, prescription pick-up and delivery service. Dog walking service and potential for other services if residents in Temple Ewell are in need.</p> <p>The Temple Ewell Parish Council will be closed from 24th December and re-opening on 4th January 2021.</p>	<p>Andy Howard-Grigg, Parish Clerk 01304 361774 (9am-5pm only)</p> <p>TempleEwellPC@outlook.com</p>
Walmer Parish Church	<p>Walmer Parish Church will be offering support and signposting to available services over the Christmas period.</p> <p>The Church will be checking for calls and messages left each day over the Christmas weekend.</p>	<p>01304 366605</p>
Walmer Baptist Church	<p>Walmer Baptist Church will be offering support and signposting to available services over the Christmas period.</p> <p>The Church will be checking for calls and messages left each day over the Christmas weekend.</p>	<p>01304 364216</p>

For some Christmas can be a very isolating time, especially this year, please do contact the organisations below who will be there 24 /7 throughout the Christmas period.

Befriending and Mental Health

Silverline Telephone Befriending Service	<p>Helpline and friendship service for people aged 55 and over.</p> <p>24 hours befriending service.</p> <p>Free, confidential service to share worries and fears.</p>	<p>0800 470 80 90</p> <p>Open: 24 hours a day, every day of the year.</p>
Samaritans	<p>Dedicated to reducing feelings of isolation. A safe place to talk to trained counsellors about whatever is troubling you.</p>	<p>116 123</p> <p>Open: 24 hours a day, every day of the year.</p>

